

HIKING



POPULAR HIKES

North Shore

Picnic Rock: Hwy. 267 just south of Brockway Summit. Follow Tahoe Rim Trail 1.6 miles, turn left at unmarked junction. **Moderate. 3.6 miles. Dogs OK.**

West Shore

Eagle Rock: 6.5 miles south of Tahoe City on Hwy. 89. Dirt area for parking along west side of road. Quick hike to the top of a volcanic outcropping offers panoramic views of the area. **Easy. 1 mile.**

Eagle Lake & Falls: West end of picnic area across from Emerald Bay, Hwy. 89, 18.2 miles south of Tahoe City. Free, permit at trailhead. **Moderate. 3 miles. Dogs OK.**

Emerald Bay/Vikingsholm Castle: Left side of rocky overlook in Emerald Bay parking lot, Hwy. 89, 18.2 miles south of Tahoe City. **Easy (but steep turns). 2.5 miles. No dogs. TART**

East Shore

Secret Harbor/Secret Cove: Hwy. 28 south of Incline Village for 5 miles to the public parking lots (one of each side of highway). Follow the trail from either lot to the Chimney Beach trail and follow the trail to the end and over a group of boulders to reach the sandy beaches of Secret Harbor (the wooden steps off the trail lead to the nude beach at Secret Cove). **Easy. 3 miles. Dogs OK.**

Skunk Harbor: 12 miles south of Incline Village (2.5 miles north of Hwy. 50) on Hwy. 28, gated road below crest of hill on Lake side. **Easy/moderate. 2.8 miles. Dogs OK.**

Marlette Lake: Trailhead at Spooner Lake State Park, 11 miles south of Incline Village on Hwy. 28. Walk along the dirt path through the picnic area and follow signs to Marlette Lake. **Moderate. 10 miles. Dogs OK.**

Olympic Valley

Shirley Canyon/Shirley Lake: Up sandy path past condos at end of Squaw Peak Road. (Turn right at Tram Bldg in Squaw Valley USA parking lot). Keep creek on right going up, left coming down. **Moderate to difficult. 5.2 miles. Dogs OK. TART**

High Camp: Squaw Valley USA offers a number of easy to moderate trails from High Camp including trails to Squaw Peak, the meadows and historic Watson Monument at Emigrant Peak. Trail map available from Guest Services. Cable Car ticket required. High Camp opens June 12. Visit www.squaw.com for trail map. **Easy to moderate. Dogs OK. TART**

South Lake Tahoe

Cascade Falls: From Tahoe City, take Hwy. 89 south to Emerald Bay. Turn right into Bayview Campground (across from Inspiration Point) and park at end of road. Rocky trail winds above the lake to the falls. **Easy. 1.4 miles. Dogs OK.**

Echo Lakes: Hwy. 89 south from Tahoe City to Hwy. 50 in Myers. Continue 5 miles west on Hwy. 50 and turn right on Johnson Pass

Road (look for sign for Berkeley Camp/Echo Lakes). Left on Echo Lakes Road to parking lot. Trailhead at edge of dam. Trail follows Lower and Upper Echo Lakes. Can take Water Taxi back to marina, (530) 659-7207. Fee for people and dogs, cash only. Day use permit at trailhead. **Easy. 2.4/4.8 miles. Dogs OK.**

Alpine Meadows

Five Lakes: Right side of Alpine Meadows Road at second Deer Park Drive sign, 1.8 miles up from Highway 89. **Moderate. 5 miles. Dogs discouraged, but tolerated.**

Truckee

Martis Creek Wildlife Area Loop: Picnic area in Martis Wildlife Viewing Area off Highway 267 in the meadows south of Truckee. **Easy. 4.5 miles. Dogs OK. Pick up after dogs.**

Mount Rose

Mount Rose: 100 yards up access road from left shoulder of Mt. Rose, Highway 431, about 7 miles north of Highway 28 between Crystal Bay and Incline Village. **Moderate to difficult. 5 or 10 miles. Dogs OK.**

TAHOE RIM TRAIL

The Tahoe Rim Trail is a 164.8-mile loop trail that encircles Lake Tahoe. The trail is open to hikers and equestrians, and mountain bikers in some sections. It is generally moderate in difficulty, with a 10 percent average grade and elevations ranging from 6,300 to 10,333 feet. The trail is marked with light-blue triangular Tahoe Rim Trail markers. There are eight trailheads around Lake Tahoe. Visit www.tahoerimtrail.org for detailed maps and trail descriptions.

GUIDED HIKES

Squaw Valley

Squaw Valley hosts guided Full Moon and Sunset Hikes from High Camp, el. 8,200', to the peaks of Squaw Valley as the sun sets.

Full Moon hikes are July 23-25. **Sunset hikes** are July 9-10, 16-17, 23-24 & 30-31; and Aug. 6-7, 13-14 & 20-21.

All hikes start at 6 p.m. at the top of the Cable Car. Dogs are welcome. Hikes are \$15 for adults and \$5 for children for Cable Car ride and hike (after 4:45 p.m.). Hikes are \$5 adults and free for children 12 and under without Cable Car ticket. No charge for dogs. (530) 583-6985 or www.squaw.com. TART.

Northstar-at-Tahoe

Northstar-at-Tahoe offers free guided hikes for ages 13 and older at 11 a.m. The beginner guided tour will follow the Sunset Loop Trail, a fairly easy .76-mile hike. The Sunset Trail traverses the west ridge of Mount Pluto offering spectacular views. Meet at the Gondola upper deck. Dogs OK. Lift ticket required.

The resort also offers more than seven lift-accessed hiking trails on mountain for hikers and their dogs. (530) 562-2267, www.northstaratahое.com. TART.